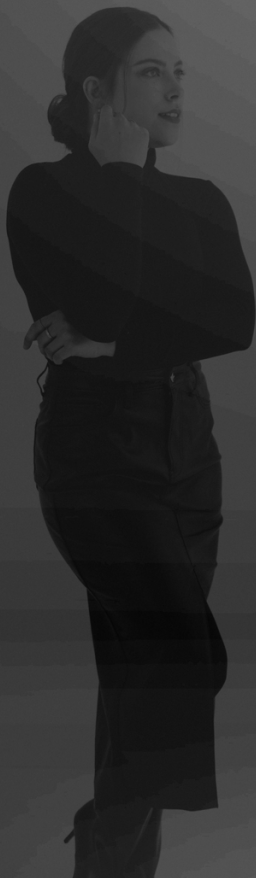


KYRA RAHN

CHOOSE KNOWING



KEYNOTE SPEAKER, INTUITION GAL



TOPIC 1

AUTHENTICITY IN ACTION:

THE POWER OF SHOWING UP

TOPIC 2

CHOOSE KNOWING:

HOW TO DECIDE THE MOMENTS THAT MATTER

TOPIC 3

CUSTOM KEYNOTE

FUELED BY FASCINATION OF CHOICE-MAKING



Create **CONFIDENCE** from the inside-out.

TOPIC 1

AUTHENTICITY IN ACTION:

THE POWER OF SHOWING UP

KEYNOTE (60 MIN) OR WORKSHOP (90 MIN)

Your future starts with how you choose to show up today. Creating your grandest-case scenario isn't about chasing perfection — it's about leaning into your genuine self.

Authenticity in Action is about learning to trust yourself, lead with who you are, and create connections that truly matter. Audiences discover how to **shape first impressions that feel true, build trust without forcing it, and influence others through care, creativity, and confidence.**



KEY TAKEAWAYS

Trust. Express. Connect.

1. How to harness the power of **first impressions** & create your own.
2. How to **build trust** (and *influence*) with authenticity
3. How to **cultivate connections** that are rooted in genuine care and service



*Kyra's workshop unlocked a whole new level of **confidence**.*

ANALISA | Attendee, Concordia Entrepreneurship Retreat

TOPIC 2

CHOOSE KNOWING:

HOW TO DECIDE THE MOMENTS THAT MATTER

INTERACTIVE KEYNOTE (60 MIN)

Imagine spotting the choices that will move you closer to your goal or vision — before it's too late. *Choose Knowing* equips audiences to recognize choices and opportunities that truly align with their path and to take action with confidence.

Using science-backed frameworks and somatic practices, this interactive keynote teaches **how to access intuition as a practical tool for decision-making**. Through compelling stories, case studies, and research, attendees learn to trust the signals their mind and body are sending – effectively avoiding the regretful “*I knew it!*” hindsight.

KEY TAKEAWAYS

Align. Intuit. Decide.

1. How to **envision**, with great clarity, the grandest-case scenario
2. How to **recognize a right-fit choice or opportunity** (and take advantage of it)
3. How to **access intuition for choice-making** utilizing science-backed somatic process



*Are you kidding me? That was a **masterclass** in storytelling.*

National Speaker's Association Judge | Last Story Standing

TOPIC 3

CUSTOM KEYNOTE

In the name of intuition, Kyra has created a number of tailored frameworks and methodologies to best suit the needs of confidence-craving organizations and communities.

As a trained actor, she is equipped with emotionally intelligent, somatically-centered methods of moving through the world. Her production company, Keyreel Productions, has created 100+ demo reels for the speaking industry, effectively inspiring endless notes on what it means to be an elite speaker and donning conference halls a second home.

CONTACT KYRA FOR A CHAT

KYRA RAHN

THE INTUITION GAL

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